

Row 4: (WS) Sl 1 purlwise wyf, purl to 1 stitch before the gap formed on the previous row (in our example, we'll purl 7 stitches), p2tog (1 stitch from each side of the gap), p1 (Figure 4).

Rows 5–8: Repeat Rows 3 and 4 two more times—12 heel stitches will remain on the needle (Figure 5).

If you have more heel stitches to begin with, you'll repeat Short-Rows 3 and 4 until no gaps remain and you've reached to the selvedge edges of the stitches. If you began the heel flap with a number of stitches divisible by 4 (i.e., 16, 20, 24), there will be a single knit stitch after the gap at the end of the last right-side row or a single purl stitch after the gap at the end of the last wrong-side row. That's okay—just work the last two stitches together as usual, without working the k1 or p1 after the decrease, then turn the work and knit a RS row.



Figure 4



Figure 5