

Knit Cuffs *with a* Cable Twist

DEBORAH PULLIAM

These stylish and warm cuffs were adapted from Volume 8 of *Weldon's Practical Needlework* (Facsimile reproduction, Loveland, Colorado: Interweave Press, 2003). I also used the Cable Pattern from the cuffs as inspiration for the mittens featured in the January/February 2006 issue of *PieceWork* (Weldon's Knit Classic Cable Mittens).



Deborah Pulliam's knitted Cuffs with a Cable Twist.

Photograph by Joe Coca.

M A T E R I A L S

Dale of Norway Baby Ull (fingering-weight),
100% machine-washable wool yarn, 191
yards (175 m)/50 g ball, 1 ball of #2015 yellow
Needles, set of size 3 (3.25 mm)
Cable needle
Crochet hook, size B/2 (2.75 mm)

*Materials are available at yarn and needlework stores
or from mail-order or online resources.*

Finished size (unstretched): 5¾ inches (14.6
cm) long and 6 inches (15.2 cm) in circum-
ference

Gauge: About 9½ sts = 1 inch (3 cm) in cable
pattern

A B B R E V I A T I O N S

BO—bind off
ch—chain
CO—cast on
dc—double crochet
k—knit
p—purl
rep—repeat
rnd(s)—round(s)
sc—single crochet
sl st—slip stitch
st(s)—stitch(es)

I N S T R U C T I O N S

Stitch Guide

Four-Stitch Cable: Place next two stitches on a cable
needle, and hold them in the front of your work. Knit the
following two stitches, then knit the two stitches from the
cable needle.

CO 56 sts.

Join, being careful not to twist sts. Cuff is worked
entirely in the rnd.

*Rnds 1–4: *K2, p1, k4, p1, rep from * around.*

*Rnd 5: *K2, p1, work Four-Stitch Cable, p1, rep from *
around.*

Rnds 6–10: Rep Rnd 1.

Rnd 11: Rep Rnd 5.

Rep Rnds 6–11 five more times, then work Rnds 1–4
once more—45 rnds completed.

BO loosely in pattern. Rep for second cuff.

Scallops

Work crocheted scalloped edging as follows:

Join yarn to CO edge of cuff in the center of a 2-st knit
column. Using the crochet hook, *Work 1 sc in the cen-
ter of a 2-st knit column, ch1, work 7 dc in the center of
a 4-st cable column, ch1; rep from * around, ending with
a sl st in the first sc worked. Cut yarn and fasten off last st.

Rep for BO edge of same cuff, then work scallops on
both ends of second cuff. Weave in ends.

ABOUT THE DESIGNER. *Deborah Pulliam of Castine,
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